

Personal Statement for Psychology

Humans are the complex creature, and to understand their behavior through more scientific approach, psychology, has always fascinated me. It was during my High School program when I was provided an opportunity to take an Advance Placement course in Psychology, I explored this course and it completely aligned with my interest and passion. The nature vs. nurture debate, mind vs. brain theory, and other cogito horizons of this subject completely captivated me. It provided me a reason to turn my empathetic, helpful, and caring nature into a more productive reality: Serving the people.

Using the Dale Carnegie's solution model that he described in his book, "How to Stop Worrying and Start Living" I was fascinated with how human brain works and how easily one can tackle the prevailing issues that can lead to severe diseases like heart attack, diabetes, and other life threatening illnesses. That is when I realized that Psychology is the savior for human in various ways. This solution model also helped me in analyzing my choices and opting the best one. After comparing my choice as Carnegie recommended, I planned to pursue Psychology, and it was one of the best decisions of my life: Choosing the career aligning with passion and interest.

During my time as an undergraduate student, I believe that I was drawn to psychology due to the science of human behavior. Psychology examines why people do certain things and helps me understand others. I have always been interested in why people do certain things and looking at research that shows correlations, and the degree allowed me to explore several dimensions of human psychology. For instance, while completing my undergraduate degree at Long Island University Brooklyn Campus. I was selected to assist with a research project with my professor, Dr. Sara Haden which was entitled "A Randomized Controlled Trial on the Effects